Islam & Medicine  
*Treating Muslims: A Mental Health Perspective*  
Saturday, April 4, 2009 ~ 8:00 a.m. – 4:00 p.m.

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**Program**

8:00-8:10 a.m.  Welcoming Address  
*James R. Hillard, MD* and *Farha Abbasi, MD*

8:10-8:40 a.m.  Keynote Address  
*Mouhanad Hammami, MD.* “Mental Health in the Muslim and Arab World: Now and Then.”

8:40-10:00 a.m.  Panel I. Attitudes and Barriers to Mental Health Services  
*Rania Awaad.* American Muslim women attitudes toward mental health  
*Hend Azhary, MD.* American Muslim women and health  
*Adnan Hammad, PhD.* Arab American health and mental health status and related disorders

10:00-10:15 a.m.  *Break*

10:15-11:45 a.m.  Panel II. Targeted Mental Health Services  
*Cynthia Arfken, PhD.* Substance abuse in Arab Americans  
*Ibrahim Kira, PhD.* Refugee mental health

11:45-1:00 p.m.  Lunch & Presentation  
*Brian Smith, MD.* Teaching cultural competency

1:00-2:15 p.m.  Panel III. Family Dynamics  
*Sameera Ahmed, PhD.* Adolescent mental health  
*Pamela Aneesah Nadir, MSW, PhD.* Premarital/marital counseling

2:15-2:30 p.m.  *Break*

2:30-4:00 p.m.  Panel IV. Role of Imams and Chaplains in Mental Health  
*Osman Ali, MD.* Role of the Imams  
*Wahiba Abu-Ras, PhD.* Needs assessment of Islamic chaplain services

4:00-4:15 p.m.  Closing Remarks  
*Farha Abbasi, MD*

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The Michigan State University designates this educational activity for a maximum of 6 *AMA PRA Category 1 credits.* Physicians should only claim credit commensurate with the extent of their participation in the activity.